

Module C Section 4
Honoring Choices
Quiz

1. John is a 24 year old young man who has a disability. John lives at home with his parents. He has struggled to find providers that he liked working with. Many providers seem to be women who are older than him. He would prefer to work with a man around his age, who enjoys similar activities, and has a personality that fits with his. How would his life stage – *young adulthood* – influence your role as a Support Broker? Choose the answer that best considers his life stage with your Broker responsibilities.
 - A. John is trying to live his life with more freedom from parental control and might benefit from providers who are also within his life stage who may be less parent-like. John's parents are very much aware of his need to become more independent.
 - B. Right now, the most important thing for John is to purchase a home of his own. As his Support Broker, I need to focus on helping John save money so he can get his own house. It does not matter what life stage he is in; saving money is essential.
 - C. Because John will probably change his mind a lot, I want to find him providers who are a little older and more settled. In this way, I can help him mature and make better decisions.
 - D. As a young adult I would make sure that John goes to college. He is very capable. The most important thing for a young adult is to receive an education. I will certainly push this point until it happens.

2. To effectively communicate choice, some people need to have the right tools. Kathie Snow gave some examples in her article, *Ability to Choose + Helpful Tools = Success*, of tools that might enhance a person's ability to be self-determined. Choose the answer which best describes a tool or tools that can be used by an individual to enhance his ability to live a self-determined life.
 - A. Computer technology is one example of a tool that can help people communicate via the internet; however, filters and blocks should be in place in order to keep individuals from accessing inappropriate websites.
 - B. Tools that are needed for communication should be justified via an assessment. Researching the right device is essential and since most devices are expensive, there has to be assurance that the person will actually use the device. The most important tool for adult success is a good provider agency. When you have someone who can talk for you, you don't need expensive devices.
 - C. Alternative communication devices can assist individuals who are difficult to understand. These devices can help minimize misunderstandings and

lack of responsiveness between the individual, providers and his or her Circle of Support.

- D. Appropriate mobility devices – for example, a power wheelchair can really be expensive, so it is often for cost effective to purchase a manual wheel chair, but get a good provider who can push the person with a disability where they want or need to go.

- 3. Mike Smith told us a little about who he is and things that are important to him. How does his life stage, *middle age*, influence your responsibilities as his Support Broker? In the following hypothetical scenario, choose the answer that best considers Mike's life stage as you carryout your Support Broker responsibilities.

Mike has decided to quit his job because it has become boring; he has been at his current job for almost ten years and it just does not seem to be challenging anymore. When he first started, Mike received a lot of feedback regarding his performance and felt he was really helping to make his community better. However, now that he has been there so long, no one seems to notice what he does.

- A. As his Support Broker, it is important to talk to Mike about how tight the job market is right now and that it could be really tough to find a different job. Mike needs his job to pay his bills and you would not want to do anything to jeopardize that.
- B. Mike talks a lot about leaving his job, but he never follows through. He thinks jobs grow on trees. I will talk to his employer and let them know that Mike is frustrated so they can address it with him.
- C. Mike really knows what he wants and does not want. As his Support Broker, I think it might help to get Mike and his Circle of Support together. A transition such as finding a new job is important to talk about so we can adapt his plan to accomplish it in a way that meets Mike's need to feel useful, to advance his career, and be challenged.
- D. It might be helpful if Mike applies for full-time disability. He does not really need to work and he can spend his time doing the things he likes to do instead.

- 4. Choose the answer that best describes what concepts are important across all of the life stages.

- A. Relationships with others.
- B. Being involved in meaningful activities.
- C. Being connected and not isolated.
- D. Doing what you want to do is the most important thing across life stages.
- E. All of the above.

5. John Russell is an older gentleman who is very connected to his community. This is one important component of the *late adulthood* life stage. What are other factors to consider as a Support Broker if your employer is in this stage of life?
- A. Making sure that your employer gets appropriate training
 - B. Awareness that grief due to isolation and loss increases at this stage
 - C. The need to obtain things is essential
 - D. Most people at this stage of life should be looking into residential care facilities.
 - E. People at this state of life need to take more risks; otherwise their lives will not be worth living.